

Sustainable Ideford Group's A-Z

B is for Bathrooms!

✪ The bathroom is one of the most densely plastic populated rooms in our homes. Products contained in plastic include shower gels, shampoo, conditioner, handwash, soap, toothpaste, toilet paper, cotton buds and multiple cleaning products.

✪ Plastic is actually a brilliant material in some circumstances BUT the real problem comes from single use plastic and how we dispose of it. **Did you know?** Almost **half** of all plastic produced is used only once and then thrown away, and nearly every piece of plastic ever produced is still in existence.

Try using some of the links below to find more sustainable, plastic-free alternatives



Cleaning products

www.faithinnature.co.uk
Cressicks Green & Eco Supplies
(Newton Abbot)
The Refill & Deli (Teignmouth)
www.goodhousekeeping.com
'21 Household Problems'

Deodorant

[https://
www.getfussy.com/](https://www.getfussy.com/)

Bar soap & shampoo

www.kinkind.co.uk
[https://
www.littlesoapcompany.co.
uk/](https://www.littlesoapcompany.co.uk/)
Poppadums (Teignmouth)
Voyage (Teignmouth)

Toothpaste

www.truthpaste.co.uk
[https://
www.anythingbutplastic.co.uk/](https://www.anythingbutplastic.co.uk/) (for
dentabs)
www.peacewiththewild.co.uk (for

and for Loo Rolls:

[HTTPS://Uk.whogivesacrapp.org](https://uk.whogivesacrapp.org). Or Ecoleaf loo rolls from Cressicks or Amazon.