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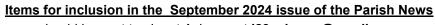
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# The Ness Hub Teignmouth

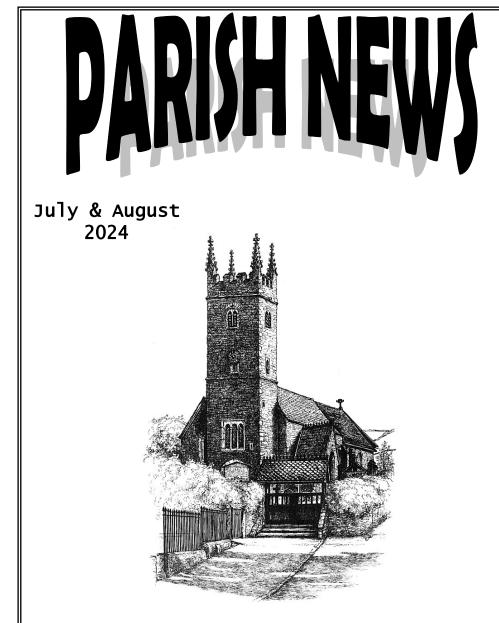
A nurse-led dementia service, supporting individuals living with dementia or having concerns about their cognitive health.

We use NHS recommended Cognitive Stimulation Therapy to improve and maintain physical and mental health. Contact us for vacancies and advice. website: nesscaregroup.co.uk call: 01626 774799 e-mail: info@nesscaregroup.co.uk



should be sent to: Janet Aylmore at j23aylmore@gmail.com by Wednesday, August 21st 2024.

Items for the Parish website should be sent to Mrs Clarke at idefordclerk@hotmail.co.uk



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	revdavewilkie@hal	0	04000 775700
Team Curate	Rev'd Peter Burren		01626 775728
Taom Curata	revpeter@haldonte	•	04000 775700
Team Curate	Rev'd Elizabeth Bu revelizabeth@hald		01626 775728
	Tevenzabetin@fiald	Sinteani.org.uk	
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PCC Secreta	ry		
Ideford	Nicki Horseman	idefordpccsec@	@gmail.com
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Ashcombe	Eleanor Rayner	ninirayner@yal	
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	District Councillors	Cllr. K. Gearon Cllr. Ron Peart	
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Ideford Villag Chairman	ge Hall	Position Vacan	•
	<b>rk</b> Angela Fox	859599	-
-	nnium Green	029299	idefordhallbookings@yahoo.com
Chairman	Jane Hill	07871 103235	
Booking Cle	<b>rk</b> Jane Hill	07871 103235	
-	al Group Secretary	Kath Mortimore	853394
Ideford Bell I	• •	David Aylmore	
	Mat Bowling Club	Jill McCord	859544
Parish News	•	Janet Aylmore	852259
Parish Footp	ath Warden	Suzanne Hill	07443 519085
•		e-mail: suzanne	evhill@icloud.com
Parish Wildli	fe Wardens	Dominic Morby	
			c.morby@gmail.com
		Robin Aaronso	n 854397 zier51@gmail.com
Bishopsteiar	nton Preschool & Scho		01626 775873
· J.			)bishopschool.co.uk
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	Sunce, e-mail: saul.bund	•	nwall.pnn.police.uk
	od Beat Manager, PC	10392 Ben Chao	dwick 07710076780
-	-	e-mail: 10392@	Ddc.police.uk

# **Thoughts of Sharon Hurlow** In Luke 10:38-42 we read of two sisters - Martha and Mary - welcoming Jesus to their home and serving him in two very different ways. Martha served Jesus by being a hospitable host. Not specifically mentioned in the story but it can be surmised that she prepared the best food for the table, brought out the best kitchen crocks only used on special occasions, and I bet the house was exceptionally spick and span. Mary, on the other hand, did a different kind of service. She simply sat beside the Lord at his feet and listened to him speak. We know what happened after that, how Martha complained to Jesus saying, "Lord, it's not fair. My sister just sits here while I do all the work! Tell her to come and help me." Take note of Jesus' reply, "My dear Martha, you are worried and upset over all these details! There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her." (Verses 41-42). Both sisters had in their heart the desire to serve the Lord, and they did, only in different ways. Martha addressed the practical needs of their guest, while Mary prioritized the spiritual. Martha wanted to feed Jesus and make him feel superbly comfortable, while Mary honoured the Lord by being attentive to what he had to say. We would like to think that what they did were both important, and yes, they are. But which of the two sisters provided the better service? Jesus has the answer, "Mary has chosen what is better." The Lord does ask us to serve him through serving our neighbours. After all. he said, "Love your neighbour as yourself" (Matthew 22:39). He also said, "Whatever you did for one of these least brothers of mine, you did for me" (Matthew 25:40). So, it is a good thing to feed the hungry, give drink to the thirsty, welcome strangers, clothe the naked, care for the sick, visit those in prison, and do many other charitable acts that are aimed at serving God through our fellowmen.

God wants us to do all these things. Nevertheless, our extreme busyness should not lead us to neglect what counts most, and that is, sitting with Jesus, paying Him attention by listening to his teachings, obeying them, and talking with him in prayer. It's a difficult balance and one we can often get wrong.

So this leads me to tell you about a recent Retreat I attended:

Continued on page 4

It was a gift in as much as it was financially free for us to go but also a gift as we were given precious time. Time away from the pressures of work and even of family in some cases. The title of the retreat was Come and Be! And we were given permission to do just that....to Be! It's important isn't it, to take time out of the bustle and the busyness and to just STOP. The retreat offered activities centred on creative worship. Our music was beautifully and ably led by a lady who engaged us in African vibes and encouraged us to be free in our worship. For those a little more reserved there were craft and writing activities inspired by God's Word and the beautiful views from the venue.

BUT and it is a big BUT, we were given permission NOT to join in.....

We were given permission to use the gift we had been given in a way most beneficial for us. It was interesting that some people did opt to take time out, to sit quietly or take themselves off for a walk and just BE! But others said they still felt that there was an expectation for them to 'do' every session... they would feel guilty if they didn't join in.

Jesus could have felt guilty for leaving the crowds and taking himself off to a quiet place ...many times.....but He knew the necessity of spending that quality time with His Father, just as Mary knew the benefits of sitting at Jesus' feet. We all know that serving God through serving others means 'doing' but we need to give ourselves permission to keep a balance and to 'press pause' sometimes. Even God rested from His work on the seventh day. Be still and know that I am God – we are told. Come to me all you who are weary, and I will give you rest – we are told.

Through God's Word, at a retreat perhaps and in our everyday lives, we are given the choice, and it is a choice to "Come and Be'

'Come and Be..... with Me' says God. It's an invitation which is especially relevant right now, I think. Life seems busier than ever and we need to sit,... and think...and reflect...and BE. Give yourself permission – make that choice!



Sharon Hurlow, Lay Minister for Teignbridge Methodist Churches

### **GENERAL INFORMATION**

#### Ideford Church Key Rota

July	Nicola Aylmore (2 Church Road)
	Christine & Libby (Brendon)
August	Alan Wooderson (Greenacres)

#### Ideford Church Flower Rota

July 7thSally ElliotJuly 21stJanet StreetAug. 4thKaryn OsborneAug. 18thLyn Edwards

#### Luton Altar Flowers and Brass Cleaning

July C Reddaway August A Carter-Woodwark

#### Chudleigh Library - opening times

Monday	10am - 1pm	Tuesday	3pm - 6pm
Wednesday	10am - 1pm	Thursday	closed
Friday	2pm - 5pm	Saturday	10am-1pm

Tel: 01626 852469 E-mail: chudleigh.library@librariesunlimited.org.uk

**Stay and Play** at Chudleigh Library. Every Wednesday, 1pm - 2pm. Suitable for children age 0 - 5 and their carers. Tea/coffee available for a small donation.

#### Websites and Sat. Nav.

Haldon Team Website Ideford Parish Website		www.haldonteam.org.uk www.ideford-parish.co.uk		
Church post code	es for Sat	Nav:	St Mary's, Ideford	TQ13 0BB
St John's, Luton	TQ13 0B	N	St Nectan's, Ashcombe	EX7 0QD

#### Useful Contact Numbers

Report a problem on roads inc. potholes, overgrown hedgerows etc: https://www.devon.gov.uk/roadsandtransport/report-a-problem

Report Power Cuts or o	damaged Electric	ity Power Lines & S	Substations:105	
Teignbridge District Council Emergency Line (out of hours) 01395 516854				
Samaritans	116123	Age UK Devon	0333 241 2340	
Environment Hotline	0800 328 6402	C.A.B.	03444 111444	
NHS non-emergency	111	Crimestoppers	0800 555111	
General Police enquirie	<b>es</b> 101	EMERGENCY 99	99	



# A defibrillator is located in the porch of Ideford Village Hall, Church Road, TQ13 0BA

In the unfortunate event that you need to use the defibrillator please **dial 999** and the emergency services will give you an access code to unlock the yellow cabinet, and will talk you through what to do.



# Answers to Sustainable Ideford Quiz on page 10

- 1. Electric Vehicle
- 2. 13
- 3. It is free. Just contact Robin Aaronson or Dom Morby
- 4. Cotton buds (also known as Q Tips).
- 5. China
- 6. 35 degrees Centigrade
- 7. Disposable nappies (500 years), Plastic bottles (450 years)
- 8. Wind
- 9. Our use of oil, gas and electricity (probably followed by our use of cars)
- 10. Swift
- 11. Polyester and acrylics
- 12. Coal

July Services				
Sunday July 7th 6.30pm	<b>6th Sunday after Trinity</b> Evening Worship	Ideford		
<b>Sunday July 14th</b> 9.30am 6.30pm	<b>7th Sunday after Trinity</b> Holy Communion Evensong	Ashcombe Luton		
Sunday July 21st 11am	8th Sunday after Trinity Holy Communion	Ideford		
	August Services			
Sunday Aug.4th 6.30pm	<b>10th Sunday after Trinity</b> Evening Worship	Ideford		
<b>Sunday Aug. 11th</b> 9.30am 6.30pm	<b>11th Sunday after Trinity</b> Holy Communion Evensong	Ashcombe Luton		
Sunday Aug.18th 11am	<b>12th Sunday after Trinity</b> Holy Communion	Ideford		
For other se	rvices in the team please see the team www.haldonteam.org.uk	website:		

# Jam Jar Heroes

Very many thanks for all the thoughtful people who have left jars for me to fill to sell in aid of village funds.

I am commencing jam production as soft fruit comes in to season and would love any donations of fresh (or frozen) berries. I can pick them if that helps?

I still welcome donations of more jars - a jam maker can never have too many jars!!

Many thanks for your continuing support.

Liz at Rook Hayes.



# Dates for your diary - regular events

## **IDEFORD PARISH COUNCIL**

The next Parish Council Meeting, **Thursday 11th July 2024 at 7.00pm** in Ideford Village Hall. All parishioners are welcome.

Please Note, there will not be a Parish Council Meeting in August.

# **BISHOPSTEIGNTON PARISH COUNCIL**

Meetings are held at the Community Centre, Shute Hill, commencing at 7.30pm.

Monday July 15thPlanning CommitteeMonday July 29thFull Council Meeting

# **BELL RINGING PRACTICE**

Practices are normally in Ideford Church on Thursday evenings from 7.30pm until 9.00pm. We would love to have some new ringers join our team, please contact David Aylmore (852259) or Martin Sampson (853391) for more information.

# **IDEFORD SHORT MAT BOWLS**

Small friendly group meeting every Tuesday in the village hall from 7pm till 9pm with a break for tea.

We encourage new members of any age to join us, no experience necessary, just turn up and 'have a go'

#### **IDEFORD SOCIAL CLUB**

Monthly meetings - please contact Kath Mortimore for details - 853394.

#### CHURCH CLEAN AT ST. MARY'S

Wednesday 3rd July and Wednesday August 7th, 10am - 12noon. Refreshments provided, come when you can, leave when you must. All equipment will be provided.



Save the date evening of Saturday December 7th Ideford Village Festive Meal

More details later in the year, but put the date in your diary now.

062/24	<ul> <li>PART TWO MEETING (CLOSED TO PUBLIC AND PRESS).</li> <li>1. Employment matters /alterations confirmed</li> <li>2. To amend the complaints policy, to re-consider the wording of concerns raised or matters raised and keep in the two public participations sections.</li> </ul>
063/24	RE-OPEN THE MEETING TO VOTE ON ANY PART TWO DECISIONS: none
064/24	CLOSE THE MEETING. The meeting closed at 21.07pm.

# Millennium Green News

It will be necessary to close the Green for a couple of days while the diggers are doing the ground work for the new storage unit, hopefully this shouldn't be for long.





WE ARE ASKING OUR LOVELY VILLAGERS IF THEY Would like to volunteer to buy a block to help with the build of our purpose built storage facility for our green space



055/24 Cont.	055.3 Planning Enforcement cases: 23/00316/ENF 17/00006/ENF 20/00296/ENF Cllr Carter-Woodwark provided an update on the cases. A discussion was held regarding planning at Rixford Bungalow. 055.4 Appeals: Glendon, Ideford Coombe, 23/01297/HOU The council do not have anything further to add to this.				
056/24	056.01 Fie cattle broke proposed t shut the ga	ld gates bein e out due to hat a notice ates.(In the Ju	BY PARISHIONERS T ag left open - Cllr Carte open gates. Steve Wri will be put in the parish une Edition currently). es as this is not a footp	er-Woodwark indicate ght turned them back n news reminding peo It was also suggeste	k. It was ople to
057/24	Second P	ublic Partici	pation -none.		
058/24	AUDIT 2024 / 2024 057.1 To note the Internal Auditors Report which was approved and signed accordingly. 057.2 The Annual Governance Statement was agreed and approved. 057.3 The Annual Accounting Statement was agreed and approved.				
059/24	<ul> <li>CLERK'S REPORT AND FINANCE:</li> <li>059.1 The balance of accounts at the end of April 2024 was £15898.39 and the bank reconciliation for April 2024 was agreed by all and signed by the Chair and Clerk.</li> <li>059.2 It was agreed by all to make the following payments and approve the payments that have been made since the last meeting.</li> </ul>				
		£14.40	Scribe	Administration	
		£60.00	CPRE - DDR	Subscriptions	
		£578.88	Clerk's final wages	Wages	
		£169.17	Dalc	Subscription	
		£123.60	HMRC	Wages	
		£45.00	Village Hall 217/216	Hire of Facilities	
		£65.00	Mrs. Clapham	Auditing	
	059.3 To note the receipt of the precept from TDC for £4522.50 and cil payment £146.72 059.4 To provide a legal and administrative update: insurance renewal which is part of a 3 year agreement due on the $12^{th}$ 059.5 Correspondence received – bulletins to be sent to all Councillors 051.6 Grant applications – emails to be sent to Cllr. Gardner.				
060/24	TO DISCUSS AND AGREE HOLDING A PART TWO MEETING: It was agreed to hold a Part Two Meeting				
061/24	<b>DATE OF NEXT MEETING:</b> Thursday 13 <sup>th</sup> June 2024 Time 7pm 2024. The Chair closed this part of the meeting				



# Friday June 28th

#### Ideford Village Hall 11am - 1pm

Everyone is welcome to come along to our dog friendly, Community Pop up Café for tea/coffee and cake and/or a light lunch.

# (Voluntary donation only)

Last year the Pop up Café took a summer break during July and August. This year we have decided to open for just one hour.

# Friday July 26th and Friday August 30th

# 11am until noon

Come along and meet up with friends and neighbours for coffee and cake (dairy and gluten free options available).

# Please note that we will not be serving light lunches on these dates.

Vanessa - *colleybrookness@icloud.com* Tel: 853991 Janet - *j23aylmore@gmail.com* Tel: 852259

# A great achievement

On Wednesday 12th June David Masson from Olchard and his brother paddle boarded across the English Channel to raise funds for Gt Ormond Street Hospital. They chose a calm and sunny day and completed the crossing in 3 1/2 hours. So far their sponsor money has raised over £3000.





TRADITIONAL COUNTRY GAMES \* FUN FOR ALL THE FAMILY FOOD AND REFRESHMENT \* KIDS ENTERTAINMENT

idefordfayre@gmail.com

# Made in Ideford Stall

Calling all 'makers and bakers'

If you enjoy crafting or baking etc and could make something for the 'Made in Ideford' stall at the Vintage Fayre, or you have taken cuttings from your garden that could be sold on the stall, please contact Vanessa at: *collevbrookness@icloud.com.* 

TQ13 OAE

#### **Olchard Open Gardens**

Last month's Open Gardens in Olchard raised the amazing sum of  $\pounds$ 3,200 for Rowcroft Hospice. A big thank you to everyone who worked to put the event on, and to everyone who visited the gardens and bought tea and cake.

054/24 PARISH MATTERS:

054.1 Register of Interests - members were reminded about updating any changes, which could also be carried out online.

054.2 South West Water: The chair reported the contractor's language concerns raised last month. Water works completed up to Biddlecombe Cross. Chudleigh has a three-week window. Olchard's work is from May 20th to 31st, possibly extending to June 7th. Longthorne Road may be blocked. Cllr Carter-Woodwark commented on a water leak from a temporary pipe which has now been removed. Blocked Gulley: Reported but there may be a delay due to limited equipment. Waste Oil: Dumped by the A380; chair to report to enforcement. Signage: No new sign for Hamblecome Lane despite a recent car incident. Noted that an artic truck enter the village possible due to a Sat nav/ Road Surveys: Olchard Lane and Rixafer Road marked; resurfacing needed, Cllr Peart will contact Devon Highways.

054.3 Cllr Gardner reported that Sustainable Ideford will provide an update at their next meeting on May 23rd. Potential grants, including landowner tree planting schemes, will be discussed. Cllr Gardner will consult Cllr Batting before further discussions. Some grants may also benefit the Millennium Green and Village Hall. Cllr Gardner started a small project called Epic to attract more bees. Wildlife cameras have captured a hedgehog and a rat. Light pollution needs follow-up with Chudleigh. There is ongoing engagement with the PCC and wildlife wardens.

054.4 The council aims to maintain a live Biodiversity Action Plan, with planning as the priority. Diversity and environmental reports are essential, Cllr Carter-Woodwark stressed continuity with a biodiversity officer in retrospective planning, as TDC has indicated there is no need for a visit in response to previous inquiries.

054.5 Wildlife Wardens Update- the street lights some previously on all the time have altered. Cllr Gardner to check with Chudleigh and consult with Tess Frost. A village bat evening was discusses, date to be arranged, with six interested, its promoted on Facebook. Twinning with Exminster church to compare plans and achievements. Noted that TDC halting hedge trimming. Six village participants in wildlife-friendly gardening; WW have applied for own hedgehog from rehabilitation department.

054.6 D Day plans is on the 6th of June which is Thursday. A suggestion was made to peal the bells, the chair will talk to them about this.

#### 055/24 PLANNING:

#### 055.1 To note no new planning applications:

24/00455/HOU - Byways - Demolish rear conservatory, single storey extensions to front and rear and side. There's no real change in the footprint and they are keeping the style. A question was raised about wildlife in the areas of the demolishing and therefore a report would be needed. The council fully support the application.

055.2 The following planning decisions were noted:

24/00187/FUL - The Sanctuary, Higher Colleybrook Farm Grant of conditional planning permission.

24/00231/FUL - The Sanctuary, Higher Colleybrook Farm Grant of conditional planning permission

IDEFORD PARISH COUNCIL Minutes from the Annual Meeting of Ideford Parish Council				
Minutes from the Annual Meeting of Ideford Parish Council held in the Village Hall on 9 <sup>th</sup> May 2024 at 7pm				
Present: Cllr T Hill – Chair Cllr A Carter-Woodwark Vice Chair. Cllr D Fox Cllr D Fox Cllr H Bellamy		Cllr C Hill		
In Attend	In Attendance: Cllr R Peart (DCC) Mrs. Clarke, Clerk Mrs. Thompson, outgoing clerk 3 members of the public			
Item (a)	Discussion and De PART ONE (OPEN TO PUBL			
047/24				
048/24	ELECTION OF VICE CHAIRMAN AND DEC ACCEPTANCE OF OFFICE: Cllr.Carter-Wo Cllr. Fox and seconded by Cllr. Batting. The declaration duly signed.	podwark was proposed by		
049/24	WELCOME AND APOLOGIES FOR ABSENCE: The Chair opened the meeting and welcomed everyone. Apologies were received from PCSO Bunce. The chair then thanked Mrs. Thompson and said she will be greatly missed.			
050/24	<b>MINUTES OF THE LAST MEETING:</b> The minutes of the meeting on Thursday 11th April 2024 were agreed.			
051/24	<b>DECLARATION OF INTERESTS:</b> Cllr T Hill and Cllr H Bellamy, as the planning application are their next door neighbour.			
052/24	PUBLIC PARTICIPATION: None			
<ul> <li><b>REPORTS:</b> <ul> <li>ClIr R Peart (DCC) (The full report is available)</li> <li>The Tackling of Climate Change-Flood Prevention Project (TDC)this integrates climate resilience with sustainable agriculture. It sequestered 17.84 tonnes of carbon in one year, a 13% increase, exceeding the 0.5% rise. The project aims for net-zero future. Flooding prevention the aim being to improve soil health, and promote sustainable farming. Private investments can support ecosystem services, like flood management and bee preservation, and encourage local businesses to reduce their environmental impact.</li> <li>Tregoad Holiday Park sowed herbal ley seeds at Higher Kestle Farm in 2022 in drought to demonstrate resilience. Farmers support land management practices to reduce run off through the Sustainable Farming Incentive program. Local councillors are discussing regenerative farming, and Councillor Peart is optimistic about the ongoing devolution deal.</li> <li>PCSO Bunce: Neighbourhood beat manager, 3 recorded offences in the Ideford area</li> </ul> </li> </ul>				

# DEVON OPEN STUDIOS 2024 ST JOHN`S CHURCH LUTON 7<sup>th</sup> – 22<sup>nd</sup> September 2024.



It's that time of year again!!! Vicki, Sonya, Becks and Angie welcome you all to this Devon wide Arts event. By kind permission of Luton PCC, we will be exhibiting in the lovely village church in Luton, just a few minutes away from Ideford. We open to visitors on Saturday 7<sup>th</sup> of September at 11am. Opening times are 11 – 5pm on Tuesdays through to and including Sundays. We may not all be present all the time, but whoever is `on duty` will be pleased to give you all their attention! There will be refreshments available. Level access and toilet facilities. Families and well behaved dogs welcome Follow the parking signs and look out for the posters! SEE YOU ALL SOON!

This year's artists are:

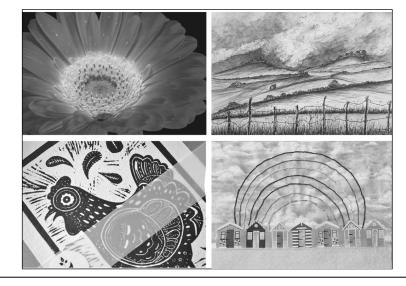
Vicki Gardner – award winning garden and plant photography.

Angie Carter-Woodwark – atmospheric, vivid images of the English landscape in oils and watercolour.

**Sonya Lamoon** – Nature inspired, eco friendly inky lino prints.

**Becks on the Beach** – textile art inspired by the Devon coastline.

The artists will be running a draw featuring their work, all proceeds from that and refreshments will go towards the upkeep of this very special village church. Thank you'





# CREAM TEAS IN IDEFORD VILLAGE HALL

Saturday September 14th 2pm until 4pm

**Donations only** 



#### Supporting:

# DEVON HISTORIC CHURCHES TRUST

The Devon Historic Churches Trust funds repairs and maintenance to places of worship throughout Devon. Saturday September 14th is Devon Historic Churches Day, when all churches in Devon are encouraged to be open, welcoming visitors and doing something to raise funds for the Trust. 50% of money raised will come directly to St Mary's.

More details to follow in the September Parish News, but please put the date in your diary now. If you would like to make a cake for the event, please contact Janet Aylmore on 01626 852259 or e-mail j23aylmore@gmail.com

# SUSTAINABLE IDEFORD. A- Z Q is for Quiz



1. What does EV stand for?

- 2. How many species of bat have been recorded in Ideford?
- 3. How much does it cost to hire the Village wildlife camera?
- 4. In 2020, UK Government banned plastic straws, stirrers and what other single use plastic item?
- 5. Which country is the biggest investor in renewable energy?
- 6. What is the highest temperature ever recorded in Devon?
- 7. Which takes longest to break down/decompose :-a) disposable nappy b) aluminium can c) plastic bottle d) glass bottle
- 8. What form of renewable energy produces most power?
- 9. In Ideford, what activity contributes most to our carbon footprint?
- 10.In St Mary's Church what bird is being attracted to the bird box in the belfry?
- 11. What are the least sustainable fabrics (and therefore to be avoided)?
- 12.Which of these is a non renewable resource? A) Sun B) Moon C) Coal D) Solar

Answers on page 16

# Biodiversity - Can you help me?

Biodiversity is now the new plan, in solving the problems of woman and man. But the more that I listen, the more puzzled I grow, should I stop work in the garden, or continue to mow? Can you please help me to make up my mind? I'll be awfully grateful, if you'd be so kind.



There's so much info. about, to digest. When will it all end, and what really is best? Protecting the bats may be a good thing, but the result could be less insects and birds on the wing. Sometimes new thinking can give us a clue. Can you provide an answer to - "What shall I do?"

It may well be a good ploy, restoring wolf, bison and bear. But what of our sheep - does nobody care? Just think of Australia, rabbits and ugly cane toads, that didn't end well, as everyone knows. "Each action promotes a reaction" so I've often been told. So the answer remains, do you favour the new or will you stay with the old?

Rewilding gardens also thought to be good, along with hedgerows, farmland and wood. Filling the country with flowers and trees, may leave us hungry but is good for the bees. With less cultivated farm land, and garden (including veg plot) Will we all feel peckish with less food in the pot?

And what of the countries where we have no say? In a global economy we all have to pay. Safari parks are the new zoo, does anyone protect the locals and what can they do?



I'm still in a quandary, and need firm advice. If you're unable to help me, I'll just roll the dice.

Sheila Manley

