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PARISH NEWS

July
&
August
2023



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HALDON TEAM MINISTRY			
Priest in Charge	The Rev'd Carol Green revcarolgreen@gmail.com	01626 775303	Rest Day: Wednesday
Team Vicar	Position Vacant		
Team Curate	Rev'd Peter Burren revpeter@haldonteam.org.uk	01626 775728	
Team Curate	Rev'd Elizabeth Burren revelizabeth@haldonteam.org.uk	01626 775728	
PARISH DIRECTORY			
Church Wardens			
Ashcombe	Position Vacant		
Ideford	Position Vacant		
Luton	Miss K Vooght	775426	
	Mr J Reddaway	775218	
PCC Secretary			
Ideford	Nicki Horseman	idefordpccsec@gmail.com	
Luton	Angie Carter-Woodwark	854898	
Ashcombe	Eleanor Rayner	ninirayner@yahoo.co.uk	
Devon County Councillor			
	Cllr. Ron Peart		362260
Teignbridge District Councillors			
	Cllr. K. Gearon		
	Cllr. Ron Peart		362260
Ideford Parish Council			
Chairman	Cllr Tom Hill	07703 647880	tomandjane@live.com
Clerk	Juliette Thompson	07731 145077	idefordclerk@hotmail.co.uk
Ideford Village Hall			
Chairman	Julie Parker	07748 982351	juliebristowparker@gmail.com
Booking Clerk	Angela Fox	859599	idefordhallbookings@yahoo.com
Ideford Millennium Green			
Chairman	Jane Hill	07871 103235	
Booking Clerk	Jane Hill	07871 103235	
Ideford Social Group Secretary			
	Kath Mortimore		853394
Ideford Bell Ringers			
	David Aylmore		852259
Ideford short Mat Bowling Club			
	Jill McCord		859544
Parish Newsletter Editor			
	Janet Aylmore		852259
Parish Footpath Warden			
	David Aylmore		852259
Parish Wildlife Wardens			
	Dominic Morby	853991	
	e-mail: dominic.morby@gmail.com		
	Robin Aaronson	854397	
	e-mail: grandvizier51@gmail.com		
Bishopsteignton Preschool & School			
		01626 775873	
	e-mail: admin@bishopschool.co.uk		
CAD Community Worker			
	Bob Bigland	203050	
PCSO Saul Bunce , e-mail: saul.bunce@devonandcornwall.pnn.police.uk			
Neighbourhood Beat Manager, PC 17015, Clarke Orchard			
	e-mail: clarke.orchard@devonandcornwall.pnn.police.uk	Mobile: 07710 076633	



I was recently sent the attached picture by a friend who was not having a good day....the caption said it all!
We all have days like that don't we? When we are like 'a bear with a sore head'; Days when things go from bad to worse; when we are at the absolute end of our tether and want to throw in the towel.

As I mused over my friend, I remembered a book I had read called Mountains of Spices by Hannah Hurnard with a main character named Mrs. Dismal Forebodings.

The book opens with an amazing description of a perfect springtime day filled with sunshine and fragrant air a gentle breeze over fresh green fields, blossoms and blooms, a glistening winding river, bees and butterflies and frolicking newborn animals.

The reader is however, quickly taken into the shadows of a dark wood of twisted old trees and where stood a dilapidated old cottage surrounded by weeds and sickly-looking cabbage plants; all the windows and doors are tightly shut and a mere whisper of smoke is coming from the chimney as if ashamed to show itself on such a perfect day. Inside cowering over the smoky fire sat Dismal Forebodings dressed in dreary clothes and wrapped in an even drearier grey shawl, her face showing deep misery and gloom.

The contrast between the locations is strong and powerful but so also is the contrast between Dismal and her neighbour who comes calling. Mrs Valiant is happy, bustling and literally full of the joys of spring and she tries to entice Dismal outside to sample the delights of the perfect day. Dismal blankly refuses to leave her cottage, happy to sit and brood on her unhappiness.

We have choices, do we not?

*Habakkuk 3:17-18.....Even though the fig trees have no blossoms, and there are no grapes on the vines; even though the olive crop fails, and the fields lie empty and barren; even though the flocks die in the fields, and the cattle barns are empty,
YET..... I will rejoice in the Lord! I will be joyful in the God of my salvation!*

Looking at the lot facing Habakkuk, he could have been excused for echoing the sentiments of the bear in the picture or for being like Dismal and refusing to face another day even one as beautiful as was outside her own front door. And yet.....!!!

Habakkuk begins with a sigh but ends with a song!! When times are at their hardest looking to God is the very best strategy.

Continued on page 4

Continued from page 3

God's heart is..... to bestow on them a crown of beauty instead of ashes; the oil of joy instead of mourning; and a garment of praise instead of a spirit of despair. (Isaiah 6:3)

God wants to remind us of His love and good plans for us; His desire for us to be joyful and worshipful - to put on a garment of praise. When we are going through difficult circumstances, it can certainly be challenging to set our minds and hearts to give praise. But passages like this remind us that God is our Saviour and Comforter, who has done amazing things for us already and continues doing new and good things in our lives.

Becoming a person of praise no matter what is going on in our lives, starts with the decision to turn our eyes towards Him and trust Him; The decision to turn our eyes away from the circumstances which pull us down. Turning to praise is the best weapon we have.

I pray that you can open the windows and doors of your heart and let in the sunshine.

Sharon Hurlow

Lay Minister, Coastal Methodist Churches

July and August Services

Sunday July 2nd 4.30pm	4th Sunday after Trinity Evensong	Ideford
Sunday July 9th 9.30am 6.30pm	5th Sunday after Trinity Holy Communion Evensong	Ashcombe Luton
Sunday July 16th 11.00am *	6th Sunday after Trinity Holy Communion	Ideford
Sunday Aug. 6th 4.30pm	9th Sunday after Trinity Evensong	Ideford
Sunday Aug. 13th 9.30am 6.30pm	10th Sunday after Trinity Holy Communion Evensong	Ashcombe Luton
Sunday Aug. 20th 11.00am *	11th Sunday after Trinity Holy Communion	Ideford

For other services in the team please see the team website:

www.haldonteam.org.uk

* coffee will be available before and after this service

GENERAL INFORMATION

Ideford Church Key Rota

July Nicola (2 Church Road)
Christine and Libby (Brendon)

August Alan (Greenacres)

Ideford Flower Rota Please see note on page 5

July 2nd Sarah Chatfield July 16th Lyn Evans
August 6th Vanessa Morby August 20th Angie Carter-Woodwark

Luton Altar Flowers and Brass Cleaning

July J. Thomas
August Emma Vooght

Chudleigh Library - opening times

Monday 10am - 1pm Tuesday 3pm - 6pm
Wednesday 10am - 1pm Thursday closed
Friday 2pm - 5pm Saturday 10am-1pm

Tel: 01626 852469 E-mail: chudleigh.library@librariesunlimited.org.uk

Stay and Play at Chudleigh Library. Every Wednesday, 1pm - 2pm. Suitable for children age 0 - 5 and their carers. Tea/coffee available for a small donation.

Websites and Sat. Nav.

Haldon Team Website www.haldonteam.org.uk
Ideford Parish Website www.ideford-parish.co.uk

Church post codes for Sat Nav: St Mary's, Ideford TQ13 0BB
St John's, Luton TQ13 0BN St Nectan's, Ashcombe EX7 0QD

Useful Contact Numbers

Report a problem on roads inc. potholes, overgrown hedgerows etc:
<https://www.devon.gov.uk/roadsandtransport/report-a-problem>

Report Power Cuts or damaged Electricity Power Lines & Substations: 105

Teignbridge District Council Emergency Line (out of hours) 01395 516854

Samaritans 116123 **Age UK Devon** 0333 241 2340

Environment Hotline 0800 328 6402 **C.A.B.** 03444 111444

NHS non-emergency 111 **Crimestoppers** 0800 555111

General Police enquiries 101 **EMERGENCY** 999

Thirteen bat species detected in Ideford News from the Wildlife Wardens

When we carried out the wildlife survey in the parish, many residents reported seeing bats. To gain a better understanding, we recently placed an ultrasound recorder for three nights in a garden on Butts Lane. This was part of the annual bat survey conducted by Devon Wildlife Trust, who lent the equipment.

The results were very impressive. Of the 17 bat species found in the UK, 13 were picked up by the recorder. There were over a thousand passes altogether (this doesn't mean a thousand bats, as the same bat could be passing several times), of which the great majority were Common Pipistrelles. But there were also:

- Barbastelle
- Brandt's
- Greater and Lesser Horseshoe
- Nathusius and Soprano Pipistrelle
- Leisler
- Brown and Grey Long-eared
- Natterer's
- Noctule
- Serotine



These results suggest that there is a Pipistrelle roost nearby. At this time of year, it would be a maternity roost, where the mother bats give birth to and raise their pups. If anyone has seen a lot of small bats emerging from a hole (probably in a building) at dusk, that is probably the roost, so please let us know. The other species will be roosting further away and passing by on the hunt for moths and other insects. No doubt the Greater Horseshoes are from the major roost in Chudleigh.

It is great to know that so many bat species are present in the parish, so let's keep it that way. There are many things we can do in our houses and gardens that will help the bats. We'll give some top tips in the next Parish News.

Many thanks to Sam and Lizzie for allowing us to put the detector in their garden.

Dates for your diary - regular events

IDEFORD PARISH COUNCIL

The next Parish Council Meeting, Thursday July 13th at 7pm in Ideford Village Hall. All parishioners are welcome to attend. There will not be a Parish Council meeting in August.

BISHOPSTEIGNTON PARISH COUNCIL

Meetings are held at the Community Centre, Shute Hill, commencing at 7.30pm.

Monday July 6th Full council Meeting

August - no meetings

BELL RINGING PRACTICE

Practices are normally in Ideford Church on Thursday evenings from 7.30pm until 9.00pm. We would love to have some new ringers join our team, please contact David Aylmore (852259) or Martin Sampson (853391) for more information.

IDEFORD SHORT MAT BOWLS

Small friendly group meeting every Tuesday in the village hall from 7pm until 9pm with break for tea. New members welcome, just turn up and 'have a go'.

MOBILE LIBRARY AT THE POUND, IDEFORD

Wednesday July 12th & Wednesday August 9th, 2.40pm - 3.10pm.

IDEFORD SOCIAL CLUB

Monthly meetings - please contact Kath Mortimore for details - 853394.

A note for flower arrangers at St. Mary's

St Mary's Altar cover

A new top has been placed on the altar cover and two square dishes have been provided. Please could vases or oasis dishes of flowers be placed in the dishes to prevent water spillage staining the new cover.

Thank you.

If the dishes do not prove large enough, please inform a member of the PCC and we will endeavor to remedy the problem.

COMMUNITY POP UP CAFÉ

Friday June 30th
Ideford Village Hall
11am - 1pm

**Please come along for tea/coffee & cake
and/or a slice of pie or quiche**

**Meet up with friends and neighbours at
your dog friendly, Community Café**

(Voluntary donation only)



The Community Pop Up Café will be taking a summer break in July and August, but will be back in September.

Janet and Vanessa would like to thank everyone for their support - we have been amazed at how popular the café has been, and also at everyone's generosity. Your donations have benefitted 'Homeless in Teignbridge Support' who work with homeless people and those in crisis and need throughout Teignbridge

Thank you!

Coffee Morning

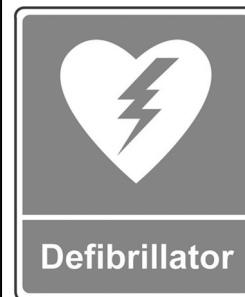
There will be a coffee morning at my house, Oaks Reach, on Tuesday 4th July, 10.30am -12. The £1 donation per person will go to the church and the village hall at the end of the year.

Different people host this coffee morning each month, and the money pot is growing!

Look forward to seeing you - Kath Mortimore



049/23 cont.	Cllr R Peart suggested getting an outside contractor to repair the potholes and see if DCC can offer any funding. Enquiries have been made to collect and remove the wild peacock. A Cllr volunteer day was suggested to carry out weeding at The Pound. The Dog Warden to be advised of loose dogs running around the village. PSPO poster to be put in the P News.															
050/23	AUDIT 2022 / 2023 050.1 The Internal Auditors Report was noted and it was agreed that Cllrs should set up PC email addresses, two bank signatories authorise payments and the third point raised by the auditor concerning high reserves was resolved at minute item 047.3. 050.2 It was resolved to approve the Annual Governance Statement. The document was signed. 050.3 It was resolved to approve the Annual Accounting Statement. The document was signed.															
051/23	CLERK'S REPORT AND FINANCE 051.1 The balance of accounts on 30 th April 2023 was £17,690.30. The bank reconciliation for April 2023 was agreed by all and signed by the Clerk and the Chairman. 051.2 It was agreed by all to approve the following payments:															
	<table border="1"> <tr> <td>£65.00</td> <td>P Clapham</td> <td>Audit</td> </tr> <tr> <td>£22.50</td> <td>Village Hall</td> <td>PC & PACT Venue Hire</td> </tr> <tr> <td>£74.16</td> <td>Parish News</td> <td>Printing</td> </tr> <tr> <td>£245.77</td> <td>Staff</td> <td>Expenses</td> </tr> <tr> <td>£19.49</td> <td>Wildlife Wardens</td> <td>Camera Batteries</td> </tr> </table>	£65.00	P Clapham	Audit	£22.50	Village Hall	PC & PACT Venue Hire	£74.16	Parish News	Printing	£245.77	Staff	Expenses	£19.49	Wildlife Wardens	Camera Batteries
£65.00	P Clapham	Audit														
£22.50	Village Hall	PC & PACT Venue Hire														
£74.16	Parish News	Printing														
£245.77	Staff	Expenses														
£19.49	Wildlife Wardens	Camera Batteries														
	051.3 Legal and administrative update: Policies to be reviewed.															
052/23	DATE OF NEXT MEETING Thursday 8 th June 2023. The Chair closed the meeting at 8:12pm.															



Some of our residents may not be aware that Ideford has a defibrillator.

It is located in the porch of Ideford Village Hall, Church Road, TQ13 0BA

In the unfortunate event that you need to use the defibrillator please **dial 999** and the emergency services will give you an access code to unlock the yellow cabinet, and will talk you through what to do.

047/23 cont. Acceptance of Office at the next PC meeting.
Register of Interests and Election Expenses all to be returned within 28 days of the election.
All Cllrs consented to receive their agendas via email.
047.3 Discussions to contribute to the hardstanding at the Millennium Green were deferred.
Contributing to a new boiler at The Village Hall was discussed but a decision was deferred.
It was noted that an amount of £2K for each of the above two projects was being considered.
Cllr R Peart kindly offered financial assistance to the village hall and will liaise with A Fox.
TDC forms to be completed for requesting litter bins at Rixafer Road and Town Farm Lane.
047.4 Coronation medallions are available for collection.
047.5 To discuss and agree on any plans or contributions to a summer fete were deferred.
047.6 Updates on roadworks, highways and parking issues:
Cllr R Peart has requested consideration is given to the school bus when carrying out planned roadworks.
Cllr R Peart confirmed that yellow lines at Church Road and Town Farm Lane junctions will be put in.
047.7 There was no update from Sustainable Ideford.
047.8 The Wildlife Wardens confirmed the installation of swift boxes in the Church tower and asked the PC to consider purchasing audio equipment to encourage swifts to nest. Thanks were given to Mike Butcher, David Aylmore, Dominic Morby and Alistair Whybrow for advice, building and installation of the boxes.

048/23 PLANNING
048.1 Planning applications for discussion:
23/00687/HOU – Lower Colleybrook Farm, Fore Street
Demolition of existing single storey extension with replacement single story extension to rear.
It was proposed by Cllr H Bellamy, seconded by Cllr A Carter-Woodwark and agreed by all to support the proposal.
23/00535/FUL – Land at Higher Colleybrook Farm Ngr 289704 77064
Agricultural store
It was proposed by Cllr A Carter-Woodwark, seconded by Cllr H Bellamy and agreed by all to support the proposal.
048.2 The following planning decision was noted:
23/00148/HOU – Khandala, Butts Lane
Installation of ground mounted solar panels consisting of 14 solar panels
Grant of conditional planning permission
048.3 There were no updates on planning enforcement issues.

049/23 CONCERNS RAISED BY PARISHIONERS TO COUNCILLORS
Cllr A Carter-Woodwark asked why the main street through Ideford has not been given priority for pothole repairs and asked about repairs to the subsidence outside of Stapley Cottage and a ditch along Olchard Lane. Cllr R Peart will ask DCC Highways for an update on these areas of concern.

IDEFORD VINTAGE FAYRE

Saturday 15th July, 11am - 5pm

TQ13 0AE

(field opposite Longthorn Cottage, on corner of Olchard Lane)

Adults £5, under 16 free

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Vintage Tractors * Vintage & Classic Cars * Motorcycles
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Trade & Craft Marquees * Traditional Country Games
Food and Refreshment * Kids' Entertainment
and much more

Please come along and support this new venture for Ideford.

All proceeds will be split between St. Mary's Church,
Ideford Village Hall and The Millennium Green

A lot of work has gone into organising this event in support of the village, but more volunteers are needed to help on the day. If you could spare an hour or two please email:
idefordfayre@gmail.com a.s.a.p

Ashcombe Village Fete & Country Show

22nd July 10am - 4pm

Recycled Racehorse Falconry • Tractor Parade
Dartmoor Hill Pony Display Team • 4 x 4s • Stalls
Food & Drink • Games

Adults £5 and Children Free

www.ashcombe-villageclub.co.uk

Ideford Village Fete

Saturday September 9th 2023

Ideford Millennium Green

A traditional village fete and dog show

stalls , face painting, children's games,
preserves, prize draw and more

Teas and cake stall in the village hall



See your September Parish News for final details,
but put the date in your diary now.

*If you would be willing to help on the day or are able to donate
cakes, jams , bottles for the bottle stall etc, please contact Jane
Hill on 07871 103235 or Janet Aylmore on 852259.*



DEVON HISTORIC CHURCHES TRUST

The Devon Historic Churches Trust funds repairs and maintenance to places of worship throughout Devon. Saturday September 9th is Devon Historic Churches Day, when all churches in Devon are encouraged to be open, welcoming visitors and doing something to raise funds for the Trust. At the Ideford fete there will be a stall raising funds for the Trust, and Janet and David Aylmore are planning to find an 'interesting' route to take their 1934 Austin 7 on Sunday September 10th to raise more funds - details to follow nearer the time.

IDEFORD PARISH COUNCIL

Minutes of the Parish Council Meeting
held in the Village Hall on 11th May 2023 at 7pm

Present: Cllr T Hill - Chair
Cllr A Carter-Woodwark
Cllr H Bellamy
Cllr D Fox
Cllr M Batting
Cllr C Hill

In Attendance: Cllr R Peart (DCC & TDC)
Mrs J Thompson - Clerk
Nine members of the public

<u>Item</u>	<u>Discussion and Decisions</u>
040/23	ELECTION OF CHAIRMAN AND DECLARATION OF ACCEPTANCE OF OFFICE Cllr D Fox opened the meeting at 7:01pm and invited nominations for the position of Chairman. Cllr T Hill was proposed by Cllr H Bellamy, seconded by Cllr M Batting and received the majority of votes, with one abstention. Cllr D Fox proposed to carry on the role of Chairman but did not receive sufficient votes, so Cllr T Hill was elected as Chairman. Cllr T Hill signed the Declaration of Acceptance of Office.
041/23	ELECTION OF VICE CHAIRMAN AND DECLARATION OF ACCEPTANCE OF OFFICE The Chairman invited nominations for the position of Vice-Chairman. Cllr A Carter-Woodwark proposed to carry on in the role, this was proposed by Cllr M Batting, seconded by Cllr D Fox and agreed by all. The Vice-Chairman signed the Declaration of Acceptance of Office.
042/23	WELCOME AND APOLOGIES FOR ABSENCE The new Chairman welcomed everyone to the meeting. He welcomed Cllr C Hill to his first meeting as a Parish Councillor and congratulated Cllr R Peart on his re-election to TDC. Cllr K Gearon, the newly elected Cllr for TDC was unable to attend the meeting. Apologies were received from Cllr J Gardner.
043/23	MINUTES OF THE LAST MEETING It was proposed by Cllr M Batting, seconded by Cllr A Carter-Woodwark and agreed by all to accept the minutes of the meeting of Thursday 13 th April 2023 as a true and accurate record.
044/23	DECLARATION OF INTERESTS Cllr A Carter-Woodwark as Village Hall trustee. Cllr T Hill as Millennium Green trustee.
045/23	PUBLIC PARTICIPATION There will be no rural skip service this year.
046/23	REPORTS None
047/23	PARISH MATTERS 047.1 It was proposed by Cllr A Carter-Woodwark, seconded by Cllr D Fox and agreed by all to continue to adopt the General Power of Competence. 047.2 New Cllr paperwork - Declarations of Acceptance of Office completed, although it was proposed by Cllr A Carter-Woodwark, seconded by Cllr T Hill and agreed by all for a Cllr not at this meeting to sign their Declaration of



Hi I'm Leila Gardner

On the 27th of July I'll be flying from London Heathrow to South Korea where I'll be staying for 3 weeks and attending the 25th World Scout Jamboree.

I'd like to say a big thank you to everyone who has helped me get here by donating to my fundraising, and helping me reach the £4300 I needed to attend the Jamboree. I couldn't have got here without the amazing support of my local community and my brilliant Scout group.

My unit (Unit 78) will be staying in the capital city Seoul for 5 days before heading to the opposite end of the country to the Jamboree campsite where we'll be staying for 12 days on the coast with up to 50,000 scouts from 120 different countries and territories. We will then travel back to Seoul for another 4 days before flying back home on the 15th of August.

I will be posting regularly on the 1st Bishopsteignton Scout Group facebook to share my journey with my Scout Group and anyone else from the community who would like to see what I get up to.

Once again - thank you to everyone who has supported me in this journey, I have no doubt it will be an incredible experience!

Many thanks,
Leila

IDEFORD VILLAGE HALL TRUST

Could you spare some time to help us?

Our present Treasurer Karen, has taken on a lot more responsibility with her job, so will be leaving us soon. For someone used to dealing with 'the books' it would not be an onerous task, our figures are simple and straightforward.

Meetings are not long and there aren't many of them. We are a small friendly bunch! Karen has been brilliant and will happily spend time to help with the takeover. Please have a think about it, you do not have to be a trustee, or attend events, just a welcome member of the team. If you would like more information please contact Julie Parker on 07748 982351,

email: juliebristowparker@gmail.com or speak to any of the team at the Village Hall.

Thank You

DEVON OPEN STUDIOS 2023 - ART AT ST JOHN'S

St John's Church, Luton, from Sept 9th - 24th

This year we will be open from 11 - 5pm, on Wednesdays, Thursdays, Fridays, Saturdays and Sundays. Refreshments will, as usual, be available in the Old Schoolroom next to the church. If you can spare some time to help, or bake a cake, please get in touch on 01626 854898.

There will be a draw featuring the artists' work. Access is level and we welcome dogs on leads. Toilet facilities next door at the schoolroom. Please follow the parking signs for the event.

Jasmine, Vicki and I look forward to welcoming you and your families to this Devon wide event. More information to follow, look out for posters! The guide will be out in July.

*Thank you and best wishes,
Jasmine, Vicki and Angie*

Bonfires

The Parish Council have received several concerns from parishioners about bonfires in the village.

Environmental Protection UK have produced a document which gives some excellent advice and guidance about bonfires, what can and cannot be burnt, some of their effects, how to dispose of waste more environmentally, how to complain etc. This can be found at:



www.environmental-protection.org.uk/wp-content/uploads/2016/03/garden-bonfires.pdf

If you do have a bonfire please follow the good bonfire guidelines:

- Only burn dry material.
- Never burn household rubbish, rubber tyres or anything containing plastic, foam or paint.
- Avoid lighting a fire in unsuitable weather conditions – smoke hangs in the air on damp, still days. If it is too windy, smoke blows into neighbours' gardens and windows and across roads.
- Avoid burning when air pollution levels in your area are high or very high. You can check air quality on 0800 556677 or at <http://uk-air.defra.gov.uk>.
- Keep your fire away from trees, fences and buildings.
- Never use oil, petrol or methylated spirits to light a fire – you could damage yourself as well as the environment.
- Never leave a fire unattended or leave it to smolder – put it out.

Sustainable Ideford A - Z

I is for Insulation

It is often said that the best way to reduce emissions from heating our homes, while saving money at the same time, is to insulate them better. But where and how you put the insulation is not a straightforward matter.

The first question is: Where is the heat being lost? Here are some estimates for an average home from Ovo Energy:

Walls	30-40%
Roof	About 25%
Windows and doors	15-20%
Floor	About 10%

The second question is: What's the best form of insulation? We describe some options below.

Wall insulation

If your house has cavity walls, they can usually be insulated by injecting insulation material into the cavity from the outside. A specialist company will drill holes, inject insulation and then seal the holes with cement.

But solid walls can be insulated too – either from the inside or the outside. This will cost more than insulating a standard cavity wall, but the savings on your heating bills will be bigger too.

Floor insulation

Timber floors can be insulated by lifting the floorboards and laying mineral wool insulation, supported by netting, between the joists.

Loft insulation

If access is easy and your loft joists are regular, you can use rolls of mineral wool insulation. The first layer is laid between the joists – the horizontal beams that make up the floor of the loft – then another layer is laid at right angles to cover the joists and make the insulation up to the required depth.

Energy efficient glazing

There are many different forms of double (or triple) glazing. Existing windows can be replaced with double-glazed uPVC frames, or with hardwood frames, which are more expensive. Or you can leave the existing windows and fix a secondary window a few inches further back (this is better for shutting out noise as well).

Energy efficient glazing continued from page 10

We haven't tried to give guidance on costs or benefits, as these vary so much with the type and construction of the home and how well/badly insulated it is to start with. Before embarking on any of these options, it is best to seek advice from a reputable installer (or preferably two or three). There is general advice on the Energy Saving Trust website. Also, Exeter Community Energy (ECO) will visit your home, assess your needs, and advise you what to do under their Retrofit in Devon scheme. But even if the financial attractiveness is unclear, you can be sure that insulation will contribute to fighting climate change.

If you are not planning to spend substantial sums, here are two much cheaper options:

Insulating curtains

Special insulating curtain linings (available from Trago or on-line) are great for cold winter evenings.

Personal insulation

If you wear layers of suitable clothes that trap air inside and between each layer of material, it will save a lot of money for a relatively low outlay. There is some highly effective clothing available, such as merino wool vests, neck warmers, lined trousers, etc. The initial cost is a fraction of the savings you can make by keeping your body warm and turning down the heating.

Find out much more at <https://energysavingtrust.org.uk/energy-at-home> and [ECO.org.uk](https://ecoe.org.uk)

Revised recycling and waste collection dates due to the August Bank Holiday

Normal Collection day

Friday September 1st

Revised Collection day

Saturday September 2nd

